



# TOP 5

## WAYS TO COMBAT TEACHER BURNOUT

It's no secret that burnout is an issue for teachers—with 98% saying it's their top issue. Here are the top five ways that would most effectively alleviate the problem, according to a November 2022 CEA member survey.

- 1. Raise salaries.**
- 2. Hire more teachers, counselors, and support staff.**
- 3. Limit non-teaching duties and excessive paperwork.**
- 4. More planning and prep time.**
- 5. Provide more student mental health and behavioral support.**

View our legislative priorities for the 2023 legislative session at [cea.org/teacher-priorities](https://cea.org/teacher-priorities).